



IPZ- NORTH ZONE

# 77<sup>th</sup> ANNUAL NATIONAL CONFERENCE INDIAN PSYCHIATRIC SOCIETY

**THEME: UNSHACKLING PSYCHIATRY FOR  
SOCIETY'S MENTAL HEALTH**

**28<sup>th</sup> - 31<sup>st</sup> JAN 2026**

**YASHOBHOOMI (IICC)**

**INDIA INTERNATIONAL CONVENTION & EXPO CENTRE  
DWARKA, DELHI**

**2ND ANNOUNCEMENT BROCHURE**

# FROM THE PRESIDENT

**Dear Colleagues, friends and mental health advocates,**

Greetings from the President's desk!

I have immense pleasure in announcing the 77th annual conference of the Indian Psychiatry Society (ANCIPS) being held in Delhi on Jan 28-31st, 2026. This is the most prestigious national event and a largest congregation of psychiatrists from India and abroad who meet annually to share their thoughts, work, research and innovations, for mutual exchange and learning. This is also an opportunity to build professional and social networks, academic collaborations, brain storming and exploring new vistas for research and patient care.

This year's theme, "Unshackling Psychiatry for Society's Mental Health", is both critical and provocative. The discipline of psychiatry and its clinical practice is shackled under centuries old historical traditions and mindset, and needs to be unshackled by embracing the 21st century science, that has brought psychiatry much closer to physical medicine. Mental health care systems, laws, and public image of psychiatry must change in favor of it being a core medical discipline, that will remove stigma, increase acceptability and access to treatment. I am sure there will be high quality discussions, debates and guidance through a rigorously planned and curated scientific program on various topics and themes related to psychiatry and its specialties.

The venue of the conference will be 'YASHOBHOOMI', India International Convention & Expo Center (IICC), Dwarka, Delhi. This is one of the most prestigious convention facility in the national capital with the world class convention facilities, and will surely provide an exquisite conference experience to participants and delegates. Moreover, Delhi provides a lot more than just the conference event in terms of history and culture, sight- seeing and shopping, food and entertainment, diversity and unity of India.

The organizing team led by Dr Nimesh Desai along with Dr Deepak Raheja, Dr J M Wadhawan and Dr Pankaj Kumar are working very hard to plan and put together all the arrangements for your comfort and convenience. We are sure that this will be one of the memorable conferences.

On behalf of the executive council of the IPS and my own behalf as President of IPS, I am delighted and honored to invite you all to this great event making the conference a great success, and making the IPS strong and proud.

We look forward to welcome you and see you at the ANCIPS in Jan 2026 in Delhi.

With best wishes and warm regards,



**DR. SAVITA MALHOTRA**

President  
Indian Psychiatric Society



# FROM HON. GENERAL SECRETARY

Dear Colleagues, friends and mental health advocates,

There's something truly magical about ANCIPS. It's not just a conference—it's a celebration of minds and hearts coming together with a shared purpose: to transform the way we see, speak about, and serve mental health.

As ANCIPS 2026 comes to life in the historic and ever-evolving city of Delhi, I find myself filled with hope, pride, and a deep sense of connection to our larger mission. In these times of rapid change and awakening, we are reminded that true progress in mental health care comes not just from clinical expertise, but from empathy, courage, and imagination. As Audre Lorde so powerfully said, "The master's tools will never dismantle the master's house."

To break old patterns, we must create new ones—with openness, with compassion, and with a willingness to listen to voices that have long gone unheard.

This year's venue—Yashobhoomi, IICC Dwarka—with its grand architecture and cutting-edge facilities, offers the perfect setting for meaningful conversations and transformative ideas. But beyond the walls and auditoriums, it is our spirit of togetherness that will make ANCIPS 2026 truly unforgettable.

To the incredible organizing team—Dr. Nimesh Desai, Dr. Deepak Raheja, Dr. J. M. Wadhawan, and Dr. Pankaj Kumar—your vision, dedication, and warmth are already shaping this event into something extraordinary.

Let us gather not just to learn, but to connect. Not just to speak, but to listen. And not just to reflect, but to reimagine the future of mental health in India.

With warmth and solidarity,



**DR. AMRIT PATTOJOSHI**  
Hon. General Secretary  
Indian Psychiatric Society



# FROM ORGANISING COMMITTEE



Dear Friends & Colleagues in Psychiatry and Mental Health,

It is our distinct privilege and honour to extend a very warm invitation to everyone interested in the professional fields of Psychiatry and Mental Health, to the 77th Annual National Conference of the Indian Psychiatric Society(IPS) in 2026 at Delhi, referred to as, ANCIPS 2026 Delhi. We extend this invitation on behalf of the Organizing Committee( Reception Committee) for this much anticipated event, also on behalf of the partner organization the Delhi Psychiatric Society(DPS). The Organizing Committee, and the DPS are supported in this endeavour by the Indian Psychiatric Society-North Zone. Due gratitude is sincerely expressed to the Indian Psychiatric Society(IPS), for accepting our invitation to hold this annual mega gathering at Delhi.

The occurrence of this annual scientific meeting of IPS at Delhi seems to have a regular cycle, the previous occasions having been in 1966, 1978, 1992 & 2011 and now. Delhi has not only been the national capital in political and administrative context for more than a Century now, but has also emerged as one of the most vibrant convention destination in the past few decades. In addition to elaborate infrastructure, it also provides rich heritage for those interested, as well as opportunity for active academic discourse, across disciplines. The long term history of this city, now a burgeoning megapolis, claims to have been rebuilt after being destroyed, at least seven times. In post Independence India, Delhi has played a key role in almost all facets of Society, including Health and human services. The history of Psychiatry as a scientific discipline and humanitarian service for one of the most marginalized populations, is multifarious and accelerating at a pace that would have seemed unlikely a few decades ago.

The growth and development of Psychiatry and mental health services across different sectors in Delhi has often synchronized with the trends in the country, often leading from the front. The Organizing Committee for ANCIPS 2026 Delhi is reflective of this intersectionality and the collective effort of the Team Delhi Psychiatry is to provide to the Delegates a rich tapestry of academic and scientific opportunities, along with a broad range of social and cultural experiences for the delegates and their families. The Organizing Committee is determined to make this event a memorable professional convention as well as an unforgettable get together. A sincere plea from all of us here at Delhi, and indeed the National Capital Region(NCR), is to reciprocate the same fervent desire, and spread a good word across the country and across the Globe for Psychiatrists, other mental health professionals as well as mental health advocates and activists to join and add to the professional and social depth & breadth.

Each one of us in the Organizing Committee, is eager to assist and facilitate everyone who is desirous of being here from 28th to 31st January, 2026 for ANCIPS 2026. Feel free to reach out to anyone of us in this regard, and all of us are looking forward to welcoming you here for a life time experience, thus contributing to larger goal of better mental health of human Society.

Eagerly waiting to see you soon.



**DR. J M WADHAWAN**

Hon. Treasurer



**DR. DEEPAK RAHEJA**

Organising Secretary



**DR. NIMESH G. DESAI**

Chairperson, Org Committee

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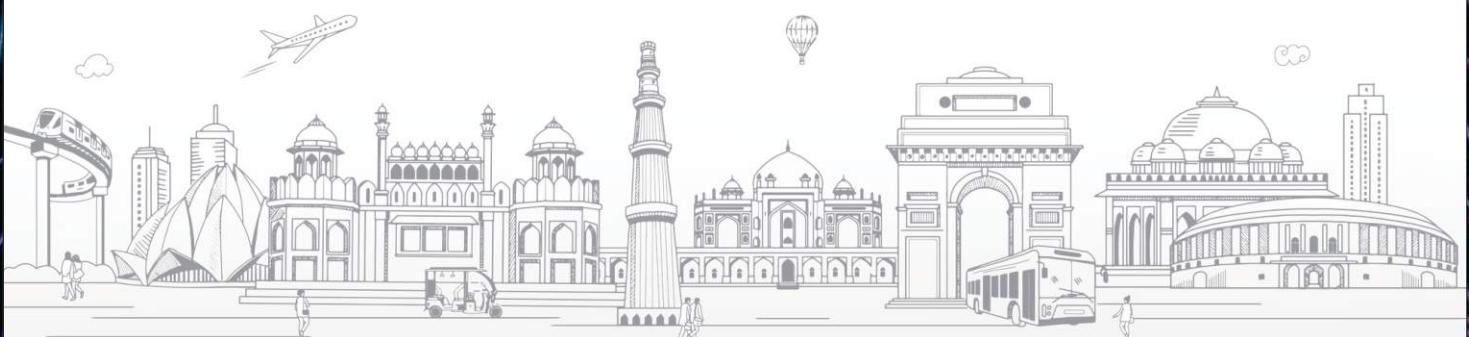


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# REGISTRATION

For More Details, Click Here

[https://ancips2026.com/registration\\_details.php](https://ancips2026.com/registration_details.php)

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## REGISTRATION FORM (PLEASE FILL IN CAPITAL LETTER)

Name  Last  Middle  First

Date of Birth    Gender M  F  Other

Address   
 District

State  Pin/Zip/Postcode

### Contact Numbers

\*Mobile  Residence/Office

\*E-Mail

\*Qualifications

\*State Council Reg. No.

\*IPS Membership No.

Accompanying Persons Names  1   
 2   
 3   
 4

Age

Senior Citizen IPS Members (65 Years & Above) please upload / send age proof.

\* Details marked with asterisk are mandatory

if the delegate is an IPS member, kindly provide the membership number, otherwise, the registration will be considered as that of a non-IPS member

Category	Standard - Till 30 <sup>th</sup> Aug, 2025	Regular - Till 30 <sup>th</sup> Nov, 2025	Late - Till 31 <sup>st</sup> Dec, 2025	Spot Registration 2026 Onwards
IPS Fellows & Members	₹ 12100 <input type="checkbox"/>	₹ 14300 <input type="checkbox"/>	₹ 16500 <input type="checkbox"/>	₹ 17600 <input type="checkbox"/>
PG Student	₹ 7700 <input type="checkbox"/>	₹ 8800 <input type="checkbox"/>	₹ 9900 <input type="checkbox"/>	₹ 11000 <input type="checkbox"/>
IPS Senior Member (Above 65 Years)	Complimentary	Complimentary	₹ 11000 <input type="checkbox"/>	₹ 12100 <input type="checkbox"/>
Non Member	₹ 17600 <input type="checkbox"/>	₹ 18700 <input type="checkbox"/>	₹ 19800 <input type="checkbox"/>	₹ 20900 <input type="checkbox"/>
SAARC/BIPA/IAPA/ICPA/WPA Member	₹ 12100 <input type="checkbox"/>	₹ 14300 <input type="checkbox"/>	₹ 16500 <input type="checkbox"/>	₹ 17600 <input type="checkbox"/>
Accompanying Person	₹ 7700 <input type="checkbox"/>	₹ 8800 <input type="checkbox"/>	₹ 9900 <input type="checkbox"/>	₹ 11000 <input type="checkbox"/>
Trade Delegate	₹ 26400 <input type="checkbox"/>	₹ 27500 <input type="checkbox"/>	₹ 28600 <input type="checkbox"/>	₹ 29700 <input type="checkbox"/>
International Delegate	₹ 28600 <input type="checkbox"/>	₹ 29700 <input type="checkbox"/>	₹ 30800 <input type="checkbox"/>	₹ 31900 <input type="checkbox"/>

\*The Above Rates are Inclusive of 18% GST.

# FOR SUBMISSION

Call

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## Proposals for Scientific Program & Submissions/Nominations of Awards

### Submissions for Scientific Program

Abstracts for Free Papers, E-posters & Proposal for Symposia and Workshops are invited from the members of the society. All abstracts are to be submitted online through abstract portal only.

For more details, please log onto: [https://ancips2026.com/abstract\\_guidelines.php](https://ancips2026.com/abstract_guidelines.php)

Log onto website: <https://ancips2026.com/>

Abstracts of Free Papers, E Posters not to contest for awards, proposals for symposia and workshops should be uploaded via the abstract submission portal available on <https://ancips2026.com> in adherence to the cut off dates mentioned below.

Please specify Free Papers/Symposia/Work Shops/E-Posters in your communication and the topic number in the appropriate box from the list specified below.

#### A ADULT GENERAL PSYCHIATRY

- A 01 Anxiety Disorders
- A 02 Mood Disorders
- A 03 Somatoform Disorders
- A 04 OCD and OC Spectrum
- A 05 Personality Disorders
- A 06 Sleep Disorders
- A 07 Eating Disorders
- A 08 Dissociative Disorder
- A 09 Schizophrenia
- A 10 Any Other Topic, Not Covered Above

#### B GERIATRIC PSYCHIATRY

- B 01 Clinical Aspects of Dementia
- B 02 Psychosocial Care for Dementia
- B 03 Community Care for Elderly
- B 04 Healthy Ageing
- B 05 MCI & Prevention of Dementia
- B 06 Depression in Elderly
- B 07 Any Other Topic, Not Covered Above

#### C CHILD AND ADOLESCENT PSYCHIATRY

- C 01 Autism Spectrum Disorder
- C 02 ADHD
- C 03 Intellectual Disability
- C 04 Specific Learning Disability
- C 05 Conduct Disorders
- C 06 School Refusal & other Anxiety Ds
- C 07 Tourette's Syndrome
- C 08 School Mental Health
- C 09 Depression & Mood Disorders in Childhood
- C 10 Childhood Psychoses & Schizophrenia
- C 11 Eating Disorders
- C 12 Any Other Topic, not covered Above

#### D CHEMICAL ADDICTIONS

- D 01 Epidemiology
- D 02 Alcohol Use Disorders
- D 03 Tobacco Cessation
- D 04 Cannabis and Psychiatry
- D 05 Opioids
- D 06 Cocaine & Other Newer Drugs
- D 07 Caffeine in Psychiatry Practice
- D 08 Solvent Abuse
- D 09 Benzodiazepines and Barbiturates
- D 10 Any Other Topic Not Covered Above

#### E BEHAVIOURAL ADDICTIONS

- E 01 Gambling
- E 02 Gaming Addiction
- E 03 Sex addiction
- E 04 Internet addiction
- E 05 Mobile Addiction
- E 06 Any Other Topic, Not Covered Above

#### F LEGAL & FORENSIC PSYCHIATRY

- F 01 Mental Health Laws
- F 02 Other Laws & Psychiatry Practice
- F 03 Ethics in Psychiatry
- F 04 Civil Responsibility
- F 05 Criminal Responsibility
- F 06 Child Abuse
- F 07 Human Rights & Mental Health
- F 08 Any Other Topic, Not Covered Above

#### G BASIC NEUROSCIENCES AND PSYCHIATRY

- G 01 Neuroanatomy
- G 02 Neurobiology
- G 03 Neurochemistry
- G 04 Genetics
- G 05 Neuroimaging
- G 06 Biological markers
- G 07 Molecular Psychiatry
- G 08 Gut Brain Axis and Mental Health
- G 09 Any Other Topic, Not Covered Above

#### H SOCIAL & CULTURAL ASPECTS OF PSYCHIATRY

- H 01 Social Psychiatry
- H 02 Cross Cultural Psychiatry
- H 03 Religion & Psychiatry
- H 04 Spirituality & Psychiatry
- H 05 Philosophy & Psychiatry
- H 06 Literature & Psychiatry
- H 07 Any Other Topic, Not Covered Above

#### J PUBLIC MENTAL HEALTH & COMMUNITY PSYCHIATRY

- J 01 Community Approaches to Mental Health
- J 02 Public Policy and Mental Health Policy
- J 03 NMHP & DMHP
- J 04 Mental Health Institutions
- J 05 Stigma and Mental Health
- J 06 Certification in Psychiatry
- J 07 Insurance and Mental Health
- J 08 Prevention in Psychiatry
- J 09 Mental Health Promotion
- J 10 Sports Psychiatry
- J 11 College Mental Health
- J 12 Homelessness and Mental Health Services
- J 13 Any Other Topic, Not Covered Above

# FOR SUBMISSION

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## Proposals for Scientific Program & Submissions/Nominations of Awards

### K TECHNOLOGY AND PSYCHIATRY

- K 01 Digital Mental Health
- K 02 AI in Psychiatry
- K 03 Telepsychiatry
- K 04 Tele Manas Programmes
- K 05 Any Other Topic, Not Covered Above

### L TREATMENT METHODS IN PSYCHIATRY

- L 01 Psychopharmacology
- L 02 Psychotherapies
- L 03 Somatic Treatments
- L 04 Neuromodulation
- L 05 Psychosurgery
- L 06 Rehabilitation
- L 06 AYUSH & Mental Health
- L 07 Indigenous & Alternate Systems of Healing
- L 08 Role of Lived in Experiences for Treatment
- L 09 Any Other Topic, Not Covered Above

### M MILITARY & INDUSTRIAL PSYCHIATRY

- M 01 Work Place & Mental Health
- M 02 Occupational Mental Health
- M 03 Armed Forces & Psychiatry
- M 04 Police & Mental Health
- M 06 Aerospace Psychiatry
- M 07 Aviation Neuropsychiatry
- M 08 Marine Forces & Psychiatry
- M 05 Any Other Topic, Not Covered Above

### N WOMEN'S MENTAL HEALTH

- N 01 Peri Natal Psychiatry
- N 02 Peri Meno Pausal Mental Health
- N 03 Gender Issues in Mental Health Care
- N 04 Gender Based Violence
- N 05 Impact of Social Violence on Womens' Mental Health
- N 06 Any Other Topic, Not Covered Above

### P General Hospital Psychiatry

- P 01 Consultation Liaison Psychiatry
- P 02 Psycho Oncology
- P 03 Psycho Dermatology
- P 04 Surgical Disciplines & Psychiatry
- P 05 Any Other Topic, Not Covered Above

### Q Psychosexual Medicine

- Q 01 Erectile Dysfunction & PME
- Q 02 LGBTQ & Mental Health
- Q 03 Female Sexual Dysfunction
- Q 04 Infertility
- Q 05 Hyposexual Disorders
- Q 05 Paraphilic
- Q 06 Any other Topic, Not Covered Above

### R Training in Psychiatry & Mental Health

- R 01 Post Graduate Training in Psychiatry
- R 02 Under graduate training in Psychiatry
- R 03 Faculty Development
- R 04 Training in Other Mental Health Disciplines
- R 05 Any other topic not covered above

### S Miscellaneous Topics



# Guidelines FOR SUBMISSION

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## Abstracts for Free Papers and E Poster & Proposals for Symposia and Workshops

- Only IPS members, who have been registered as delegates for ANCIPS 2026 are allowed to submit the abstract for paper or poster.
- The abstract for the paper/poster needs to be structured (background, aims, methods, results, and conclusion) and within 250 words.
- The presenting author (or the author who submits the abstract in case of symposia/workshop) will be the contact person for all the correspondence about the presentation.
- All abstracts are to be submitted in English, Times New Roman font.
- Please choose appropriate category related to your presentation. Do not submit the same abstract to multiple categories.
- All abstracts must be submitted via the conference website ONLY. The title should be short and concise & must not be written in capital letters.
- The abstract should not contain broad statements like "The results will be discussed".
- You may use standard abbreviations, however, mention unusual abbreviations in brackets after the full word, when it appears for the first time.
- Use numerals to indicate numbers, except at the beginning of a sentence.
- All submissions will be acknowledged by email only. Please provide your current working E mail ID along with
- Mobile number.

### Instructions for Content of Abstract

- Figures, tables, and graphs should not be included.
- Use generic names of drugs only.
- In original research the results must be submitted with the abstract.
- No references are needed with abstract submission.
- By submission of an abstract, the author transfers copyright ownership to the organizing committee for publications. The organizing committee reserves the right to reproduce the abstract/presentation made in conference in print or electronic media.
- Abstracts/papers previously published or presented at any national or international meeting are not permitted. Abstracts/papers previously published or presented at local, or state levels are permitted, but the details need to be mentioned in the submission
- The Scientific Committee reserves the right to allocate a session time or change the presentation type.

- Please do not submit the same abstract under more than one category.
- Details of the programme shall be duly uploaded and updated on the website [www.ancips2026.com](http://www.ancips2026.com).

### General Instructions

- Registration is mandatory for the presenting authors at the time of presentation in categories of Specialty Section Presentations/ Task Force Presentations/Workshop & Symposium Presentations/ Free paper / E-Poster Presentations.
- All presentations should be made in MS Office latest version.
- A preview room shall be operational in the conference area.
- All presentations of respective halls shall be centrally coordinated from this preview room.
- The presenter must submit his/her Power Point/audio/video in preview room, at least 24 hours before his/her scheduled presentation.
- The preview room shall be equipped with enough desktops/laptops.
- The presenter can preview/modify his/her presentation in the preview room well in advance.
- If any presenter wishes to present the paper through personal laptop, it is mandatory that the compatibility of personal laptop with our audio-visual system should be checked in preview room.
- Any Fonts and Animations if used which are not a part of the standard MS Office pack should be included with the Presentation Pen drive and this should be specified to the Audio Visual in charge at the Preview Room well in advance.
- Videos when included should be ideally in VLC/MP4 or mpeg and if any other format is used its codecs should also be included.
- If any other format is used which deviates from the above-mentioned format, the same should be informed at least one week before the conference so that alternative arrangements can be made if possible.
- The medium of storage used by the presenters should be Flash Drive, USB HDD.
- All speakers using MAC Laptops and those requiring a MAC Laptop should inform us at least a week in advance.
- Abstracts to be submitted only via the Online Submission Portal on ANCIPS 2026 Website.
- Abstracts of Free Papers & E Posters not to contest or awards
- **Cut off Date for Free papers, Eposters, Symposia and workshops- 30/11/2025**

# Submission FOR DIFFERENT AWARDS

## LIST OF AWARDS

- Proposals sought for the following awards:
- D. L. N. Murthy Rao Oration award
- Tilak Venkoba Rao Oration Award
- J. K Trivedi Life time Achievement Award
- Indian Psychiatric Society Young Psychiatrists Award
- Shridhar Sharma Psychiatric Education Award
- A.V. Shah Community Psychiatry Award

## FULL PAPERS TO BE SUBMITTED FOR THE FOLLOWING AWARDS

- Marfatia Award
- Bhagwat Award
- Col. Kirpal Singh Award for Military/Industrial Psychiatry
- The Poona Psychiatrists Association Awards I
- The Poona Psychiatrists Association Awards II
- The Bombay Psychiatric Society Silver Jubilee Year Award

## ABSTRACTS TO BE SENT FOR THE FOLLOWING AWARDS

- Professor K. C. Dube Poster Session I award
- Professor M. Murugappan Poster Session II award

*The Chairman, awards Committee will intimate the shortlisted entries for oral presentation with due guidelines to the selected entries after due evaluation.*

For further details please refer to relevant pages of IPS constitution on IPS website <https://indianpsychiatricsociety.org/>

## CUT-OFF DATES & SUBMISSION DETAILS

CUT-OFF DATE	CATEGORY	DETAILS
30/09/2025	Submission of Full Papers/ Nominations for all awards (except BPPS award)	To be submitted only via the Online Abstract Submission Portal on ANCIPS 2026 website
30/11/2025	Submission of Full Papers with certificate from Zonal Branch for BPPS award	

*For all Awards, Proposals and full papers to be submitted only by e-mail only to :*

**Dr. Subho Chakrabarti, Chandigarh**

**Chairman, Awards Committee, Indian Psychiatric Society.**

**Ph.: +91 99142 09808 | Mail id.: subhochd@yahoo.com**

## VENUE

For the first time ANCIPS is choosing Yashobhoomi. It is a large convention center and infrastructure project located in Dwarka, Delhi. It is being developed to make Delhi a global hub for meetings, conventions, and exhibitions. Yashobhoomi is part of the Delhi government's effort to enhance the city's reputation as an international destination for business and tourism.

Key features and details about Yashobhoomi include: Location: Situated in Dwarka, which is a well-developed area in South West Delhi, close to the airport and major transportation hubs.

ANCIPS 2026 will be featuring in the multiple convention halls, exhibition spaces, meeting rooms, and a large auditorium, designed to accommodate international conferences, exhibitions, and events.

It is expected to have state-of-the-art infrastructure, including digital solutions, high-speed internet, and advanced audiovisual setups.

There will be hotels and accommodation options within or around the complex to serve the needs of international delegates and visitors.

### Size and Scale:

The complex is vast and has been designed to host large-scale events, making it one of the largest convention centers in India.

It has high capacity for events ranging from conferences to exhibitions, business summits, and cultural programs.

During ANCIPS 2026 delegates will be having good connectivity to the Indira Gandhi International Airport. Delegates will have excellent connectivity to the metro and road networks.

Yashobhoomi is seen as a significant infrastructure project aimed at strengthening Delhi's position as a global meeting point for business, culture, and international collaboration. It aligns with India's broader objectives to boost its presence in the global business ecosystem and enhance its attractiveness as a destination for global events.

## YASHOBHOOMI

**73,000 sqm area**  
Convention Centre

**107,000 sqm area**  
Exhibition Centre



**Yashobhomi Dwarka Sector 25**  
(On Airport Express Line)



# Places to Visit IN DELHI & NCR

01



## CENTRAL VISTA

The Central Vista is India's administrative capital and a famous tourist site for locals and foreigners alike.

## NATIONAL WAR MEMORIAL

It has been built to honour and remember soldiers of the Indian Armed Forces who fought in armed conflicts of independent India.



03



## LOTUS TEMPLE

Completed in 1986, this Bahá'í House of Worship is renowned for its flower-like shape. Open to all, it serves as a symbol of unity and peace.



02

## RASHTRIYA DALIT PRERNA STHAL

The monument is dedicated to the social reformer and has been constructed to honour the "unparalleled struggle of these stalwarts towards the struggle for social transformation".

04

## DLF CYBER HUB

A swanky destination for foodies, shoppers, and nightlife seekers. CyberHub is packed with top restaurants, cafes, co-working spaces, and entertainment spots.

## SUNDER NURSERY

A 90-acre heritage park combining nature, Mughal-era monuments, and ecological zones. With curated gardens, butterfly habitats, and weekend cultural events.



## NGMA

A treasure trove of Indian contemporary and modern art. NGMA houses works from iconic artists like Raja Ravi Varma, Amrita Sher-Gil, and Rabindranath Tagore. A must-visit for art and culture lovers.

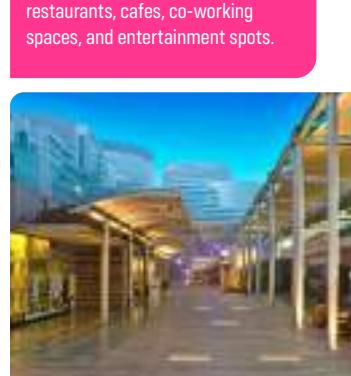
07



## AKSHARDHAM TEMPLE

A modern spiritual complex built in 2005, famous for its intricate carvings, massive central temple, water shows, and exhibitions on Indian values, history, and culture. It combines tradition with grandeur.

06



08



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