



MID YEAR CONFERENCE OF
Indian Psychiatric Society
MIDCIPS 2025

30th - 31st AUGUST

MAYFAIR TEA RESORT
SILIGURI, WEST BENGAL

Theme : Breaking the Silence – Talking about Suicide



Accredited by
West Bengal Medical Council





Pre-Conference Scientific Program

Friday, 29th August 2025

Organised by East Zone – Indian Psychiatric Society

| Awareness Program | | | |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| Time | Event | Participants | Coordinator |
| 12:30 pm – 02:00 pm | <p>Breaking the Silence: Talking about Suicide.</p> <p>Awareness Program on "Suicide Prevention & Mental Wellness" For Collage Student & Faculty</p> <p>- Surya Sen Mahavidyalaya, Siliguri</p> | Dr. Savita Malhotra Dr. Amrit Pattojoshi Dr. Srikumar Mukherjee Dr. Om Prakash Singh Dr. Sanjiba Dutta Dr. Pranab Kumar Mishra | Dr. Shantanu De Dr. Indrajit Sengupta Dr. Sanjay Garg |

| Pre-Conference Scientific Program | | | |
|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| Time | Event | Presenter's | Chairperson |
| Lighting of the Lamp | | | |
| 03:00 pm – 03:30 pm | Management of the common facets of metabolic syndrome by a psychiatrist- role and the boundaries | Dr. Kaustav Chakraborty | Dr. R.R. Ghosh Roy Dr. Jayanta Dutta Dr. Amit Kumar Bhattacharyya |
| 03:30 pm – 04:00 pm | PAC (Pre Anaesthetic Work Up) and use of psychotropic | Dr. Samrat Bhandari | Dr. Shyamanta Das Dr. Sharmila Sarkar Dr. Uday Sankar Kayal |
| 04:00 pm – 04:40 pm | <p>Debate: In this current medico legal climate, common medical managements should be left to general physician or non-psychiatric specialists</p> | For the motion Dr. Anweshak Das Dr. Archana Singh Against the motion Dr. Udayan Majumder Dr. Tamoghna Bandyopadhyay Moderator Dr. Soumya Chatterjee | Dr. Debasish Dasgupta Dr. Uttam Majumdar Dr. Subhash Chandra Roy |
| 05:00 pm – 08:30 pm | EC Meeting of IPS | | |
| 08:30 pm onwards | Dinner for All Registered Delegate | | |



Scientific Program

Saturday, 30th August 2025

| Time | Event | Participants | Chairperson |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|
| 08:00 am - 09:00 am | Registration | | |
| 09:00 am - 09:30 am | Overview of CME: The Big Picture: "Looking at suicide through the biopsychosocial lens" | Dr. Debasish Basu | Dr. T.S.S. Rao Dr. M. Aleem Siddiqui Dr. Pankaj Kumar |
| 09:30 am - 10:00 am | Keynote Address: Effective suicide prevention -What works & what doesn't (Role of Psychiatrist) | Dr. Lakshmi Vijayakumar | Dr. Asish Saboo Dr. Mahesh Gowda Dr. Asim Kumar Mallick |
| 10:00 am - 10:30 am | CME Inauguration | | |
| 10:30 am - 11:00 am | Tea Break | | |
| 11:00 am - 12:00 pm | Symposium: Decoding Despair: Risk Assessment of Suicidal Behaviour | | |
| | Mental Illness and suicide risk | Dr. Anish Cherian | Dr. Laxmikant Rathi |
| | Methods of risk assessment | Dr. Vikas Menon | Dr. Gautam Saha Dr. Tanmaini Das |
| 12:00 pm - 01:00 pm | Public health approach in risk assessment- Ethical and moral dimensions | Dr. Sujit Naik | |
| | Symposium: Understanding and Responding to Suicide: Emergency Care, Legal Duties, Media Ethics, and Psychological Autopsy | Dr. Shyamantha Das Dr. Ranjan Bhattacharyya | Dr. Manaswi Gautam Dr. Vishal Akula Dr. Tirthankar Dasgupta |
| 01:00 pm - 02:00 pm | Lunch Break | | |
| 01:00 pm - 01:40 pm | Satellite Session: Impulse, Intoxication and Identity : Can Endoxifen Redefine Psychiatry's Approach to Dyscontrol? | Speaker Dr. Sandeep Vohra Panel Dr. Gautam Saha Dr. Abir Mukherjee Dr. Indranil Saha Moderator Dr. Sanjay Garg | Dr. Om Prakash Singh Dr. Vinay Kumar |



DAY 1 / HALL 1

Scientific Program

Saturday, 30th August 2025

| Time | Event | Participants | Chairperson |
|-------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|
| 02:00 pm - 02:30 pm | Invited Session: Struggles to Support: Addressing Student Suicide | Dr. S.K. Chaturvedi | Dr. Amar Shinde Dr. K.K. Mishra Dr. Uday Kumar |
| Symposium: The Neuropsychiatric Landscape of Suicide | | | |
| 02:30 pm - 03:30 pm | Biology | Dr. Sudhir Bhave | Dr. Arabinda Brahma |
| | Medications | Dr. Sujita Kumar Kar | Dr. Heena Merchant |
| | Neuromodulation | Dr. Sreeraj V.S. | Dr. Nishant Goyal |
| 03:30 pm - 04:30 pm | Case Blitz | Dr. Manu Arora Dr. Manushree Gupta Dr. Aninda Sidhana Moderator Dr. Abir Mukherjee | Dr. Dipayan Sarkar Dr. Rama Subba Reddy Dr. Sandeep Goyal |
| 04:30 pm - 05:00 pm | Satellite Session Debate: Conventional psychotropics should be the drugs of choice for management of insomnia | For the Motion Dr. Nikhiles Mandal Dr. Dipayan Sarkar Against the Motion Dr. Soumya Chatterjee Dr. Subrata Naskar Moderator Dr. Abir Mukherjee | Dr. Srikumar Mukherjee |
| 05:30 pm - 06:30 pm | Meet the Leaders in Psychiatry | Moderator: Dr. V. K. Aravind | Dr. Porandla Kishan Dr. Yusuf Matcheswalla Dr. Deepak Kumar |
| 07:30 pm onwards | Live Band and Galal Dinner | | |

DAY 1 / HALL 2

Scientific Program

Saturday, 30th August 2025

| Time | Event | Participants | Chairperson |
|---------------------|-------------------------------------|--------------|---------------------------------------------------------------------------|
| 01:00 pm - 02:00 pm | Posters (EP - 01 to EP - 12) | | Dr. Indrani Chatterji Dr. Tindivanam Sudhir Dr. Santosh Kumar |
| 04:30 pm - 05:30 pm | Free Papers (FP- 01 to FP-8) | | Dr. Swosti Sobhan Chaudhuri Dr. Ashwani Kumar Dr. Nirmal Kumar Bera |



Scientific Program

DAY 2/ HALL 1

Sunday, 31st August 2025

| Time | Event | Presenter/s | Chairperson |
|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| 08:00 am - 09:30 am | Workshop: Holding the Line: Crisis Intervention | Dr. Pratap Sharan Dr. Koushik Sinha Deb Dr. Swati Kedia Coordinator Dr. Naresh Nebhinani | Dr. Vipul Singh Dr. Parag Shah Dr. Anoop Vincent |
| 09:30 am - 10:30 am | Symposium: Targeted Interventions for Suicide Prevention in Special Populations Adolescents & Women Elderly Military & Farmers Suicide | Dr. Neelanjana Paul Dr. Vidya KL Dr. Prerna Kukreti | Dr. Gangaram Kamati Dr. Prasenjit Ray Dr. Rajiv Kumar Saini |
| 10:30 am - 11:30 am | Debate: Assisted suicide is a plausible option in palliative care | For the Motion Dr. Abha Bang Soni Dr. Subrata Naskar Against the Motion Dr. Niska Sinha Dr. Sukanto Sarkar Moderator Dr. Jitender Aneja | Dr. Debjani Bandyopadhayay Dr. Umesh Nagapurkar Dr. Nabakumar Maiti |
| 11:30 am - 12:00 am | Invited Lecture: Building Resilience in Vulnerable Groups for Suicide Prevention | Dr. Nimesh G. Desai | Dr. Prabir Paul Dr. Rupinder Kapur Dr. V. George Reddy |
| 12:00 pm - 01:00 pm | Panel Discussion: Preventive Strategies to Tangible Actions: A way forward for Indian Psychiatric Society Barriers and Facilitators (Role of IPS) (Shall include postvention, helpline/policy making / research, roadmap) | Dr. Savita Malhotra Dr. Amrit Pattojoshi Dr. Om Prakash Singh Dr. Sujit Sarkhel Dr. Laxmi Naresh Vadlamani Moderator Dr. Sai Krishna Tikka | |
| 01:00 pm - 02:00 pm | PG QUIZ | Quiz Master Dr. Chayan Kanti Manna Dr. Kanika Das | Dr. Nupur Niharika |
| 02:00 pm - 02:30 pm | Valedictory | | |
| 02:30 pm - 03:30 pm | Lunch | | |



| Time | Event | Presenter/s | Chairperson |
|------------------------------------------------------------------------------------------------|--------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| 08:00 am - 08:45 am | Free paper (FP- 09 to FP- 13) | | Dr. Deepak Raheja Dr. Nilanjan Chandra Dr. Sridhar Dandapally |
| Symposium: Adolescents and Impulsivity: Clinical Perspectives, Risks, and Interventions | | | |
| 08:45am - 09:30am | | Neurobiology and Developmental Basis of Impulsivity in Adolescents | Dr. Arindam Dutta |
| | | Clinical Manifestations and Psychiatric Disorders with Impulsivity | Dr. Sumanta Dawn |
| | | Impulsivity-Related Risk Behaviors and Social Consequences | Dr. Arunima Ghosh |
| | | Management Strategies: Psychotherapeutic, Pharmacological, and Family Interventions | Dr. Kamalika Mandal |
| 01:00 pm - 02:00 pm | Poster (EP - 13 to EP - 20) | | Dr. Darpan Kaur Dr. Saabrin Sanjeev Ross Dr. Kumar Gaurav |

Guidelines for Free Papers & E-Posters

Free papers

1. Presentation time: **6 minutes + 2 minutes** discussion (total 8 minutes).
2. Maximum **5 slides**, in **PPT (16:9, landscape)** format.
3. No animations, movies, or sounds (static PPT only).
4. Presenting author must be registered with IPS & MIDCIPS 2025 and report on time.

E-Posters

1. Presentation time: **3 minutes + 2 minutes discussion** (total 5 minutes)
2. Maximum **3 slides**, in **PPT (16:9, landscape)** format.
3. No animations, movies, or sounds (static PPT only).
4. Presenting author must be registered with IPS & MIDCIPS 2025 and report on time.

General Note: All photographs, tables, and graphs should be clear and legible. Please adhere strictly to the time limits.



Poster

| Sr. No. | Name | Abstract Title |
|---------|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
| EP 01 | Amita Thakur | Neuroacanthocytosis masquerading as psychiatricillness |
| EP 02 | Anindita Giri | A comparative study of serum Brain Derived Neurotrophic Factor (BDNF) levels in drug naive and treated patients of Generalized Anxiety Disorder. |
| EP 03 | Ashima Gupta | Withdrawal psychosis following Internet Gaming Disorder |
| EP 04 | Mohd Rashid Alam | Autoerotic Asphyxiation with Methamphetamine Use in a Survivor of Childhood Sexual Abuse: A Case Report |
| EP 05 | Paramita Bhowmick | A comparative study on serum nitric oxide level in drug naive and treated patients of obsessive-compulsive disorder |
| EP 06 | Rimjim Sarma | Hyper IgE Syndrome with Depressive and Dissociative Features in a Trauma-Exposed Female: A Psychoneuroimmunological Case Report |
| EP 07 | Sahil Jamal | Case Report: Management of Alcohol Dependence with Comorbid Antisocial Personality Disorder in a Young Adult from a Rural Background |
| EP 08 | Seemant Malhotra | False Pregnancy in Tandem: A Case Report of Pseudocyesis with Folie À Deux |
| EP 09 | Seemant Malhotra | The SILENT Syndrome: Diagnostic and Therapeutic Dilemmas in a Case of Lithium-Induced Neurotoxicity |
| EP 10 | Shradha Khatri | "The Chemistry of Hope: Ketamine as a Turning Point in a Self-Harm Crisis" |
| EP 11 | Shubhankar Tiwary | Bupropion-Induced Delirium: A Case Report |
| EP 12 | Srishti Shaw | Secondary Obsessive-Compulsive Disorder Following Vision Loss Due to Traumatic Optic Neuropathy in a Young Female: A Rare Case Report |
| EP 13 | Susmita Das | A comparative study of serum brain derived neurotrophic factor (bdnf) levels in drug naive and treated patients of major depressive disorder |
| EP 14 | Swati Sudha | Dopamine Agonist Withdrawal Syndrome leading to Suicidality: A Case Report |
| EP 15 | Ankit Halder | A study to assess Anxiety and Depression among Central Industrial Security Force (CISF) workers |
| EP 16 | Madhurima Chakraborty | When the Cure Backfires: A Rare Case of Disulfiram-Induced Suicidal Depression after Covert Administration |
| EP 17 | Kalyani Patil | A Case of Focal Epilepsy Presenting with Subjective Religious Experiences |
| EP 18 | Madhurima Chakraborty | Sedated but Sleepless: Unmasking OSA in the Shadow of Sobriety |
| EP 19 | Saurav Sinha | Gender Dysphoria Symptoms in Schizophrenia |
| EP 20 | Bodhisattwa Mahapatra | Multiple Sclerosis Presenting as Catatonia-case Report |



Free Paper

| Sr. No. | Name | Abstract Title |
|---------|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FP 01 | Alok Kumar Verma | A comparative study of serum Brain Derived Neurotrophic Factor(BDNF) levels in Drug Naive and treated patients of Brief Psychotic Disorder |
| FP 02 | Arnab Biswas | Burden Amongst Caregivers in Patients of ASD and ADHD : A comparative Study |
| FP 03 | Arun Kumar V | A Prospective study on Influence of clinical determinants on the duration of untreated psychosis in drug negative schizophrenic patients |
| FP 04 | Jesu Balan | A Study on Online Shopping Addiction and its association with psychological factors among medical students in Sikkim |
| FP 05 | Jishnu Bhattacharya | Impact of Climate Change on Psychiatric Illnesses: Anxiety, PTSD, and Depression |
| FP 06 | Pranav Khanderao Pathak | Effects of psychoeducational interventions on knowledge, attitude, practices of caregivers of schizophrenia- a mixed study's |
| FP 07 | Ramkumar G S | Improving assessment and intervention in self-harming patients: a clinical audit of consultation-liaison referrals in a tertiary Govt. hospital in Kerala. |
| FP 08 | Samant Singh | Refractory Wernicke's encephalopathy in the Absence of Magnesium Deficiency: A Case Series for Broader Nutritional and Genetic Considerations |
| FP 09 | Sangha Mitra Godi | Assessment of Knowledge, Attitudes and Self-efficacy about Suicide and Suicide prevention among School Teachers in Andhra Pradesh: A cross-sectional study |
| FP 10 | Seemant Malhotra | Prevalence and Correlates of Behavioural Addictions Among Medical Students: A Cross-Sectional Study |
| FP 11 | Sumeesha Jaswal | Telepsychiatry in Practice: Perspectives of Patients and Caregivers from an Observational Study |
| FP 12 | Roopika Jandial | Doctors, Post-graduates, and Suicide :What Do They know, how do they feel |
| FP 13 | Ritul Sinha | Mental Health Literacy and stigma among health care workers in India: A multicentric cross sectional observational study |
| FP 14 | Bishant Naorem | The Price of Purity: Orthorexia Nervosa at the Crossroads of Fitness and Food Fixation |



Important Contacts

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