



# MID YEAR CONFERENCE OF Indian Psychiatric Society **MIDCIPS 2025**

**30<sup>th</sup> - 31<sup>st</sup> AUGUST**

MAYFAIR TEA RESORT  
SILIGURI, WEST BENGAL

**Theme : Breaking the Silence – Talking about Suicide**



**Accredited by  
West Bengal Medical Council**



## Pre-Conference Scientific Program

**Friday, 29<sup>th</sup> August 2025**
**Organised by East Zone – Indian Psychiatric Society**

Awareness Program			
Time	Event	Participants	Coordinator
12:30 pm – 02:00 pm	<p><i>Breaking the Silence: Talking about Suicide.</i></p> <p><b>Awareness Program</b> on "Suicide Prevention &amp; Mental Wellness" For Collage Student &amp; Faculty</p> <p>- Surya Sen Mahavidyalaya, Siliguri</p>	Dr. Savita Malhotra Dr. Amrit Patojoshi Dr. Srikumar Mukherjee Dr. Om Prakash Singh Dr. Sanjiba Dutta Dr. Pranab Kumar Mishra	Dr. Shantanu De Dr. Indrajit Sengupta Dr. Sanjay Garg

Pre-Conference Scientific Program			
Time	Event	Presenter's	Chairperson
Lighting of the Lamp			
03:00 pm – 03:30 pm	Management of the common facets of metabolic syndrome by a psychiatrist- role and the boundaries	Dr. Kaustav Chakraborty	Dr. R.R. Ghosh Roy Dr. Jayanta Dutta Dr. Amit Kumar Bhattacharyya
03:30 pm – 04:00 pm	PAC (Pre Anaesthetic Work Up) and use of psychotropic	Dr. Samrat Bhandari	Dr. Shyamanta Das Dr. Sharmila Sarkar Dr. Uday Sankar Kayal
04:00 pm – 04:40 pm	<p><b>Debate:</b> In this current medico legal climate, common medical managements should be left to general physician or non-psychiatric specialists</p>	<p><b>For the motion</b>            Dr. Anweshak Das            Dr. Archana Singh</p> <p><b>Against the motion</b>            Dr. Udayan Majumder            Dr. Tamoghna Bandyopadhyay</p> <p><b>Moderator</b>            Dr. Soumya Chatterjee</p>	Dr. Debashis Dasgupta Dr. Uttam Majumdar Dr. Subhash Chandra Roy
05:00 pm – 08:30 pm	<b>EC Meeting of IPS</b>		
08:30 pm onwards	<b>Dinner for All Registered Delegate</b>		

**Scientific Program**
**Saturday, 30<sup>th</sup> August 2025**

Time	Event	Participants	Chairperson
08:00 am - 09:00 am	<b>Registration</b>		
09:00 am - 09:30 am	<b>Overview of CME:</b> The Big Picture: "Looking at suicide through the biopsychosocial lens"	Dr. Debasish Basu	Dr. T.S.S. Rao Dr. M. Aleem Siddiqui Dr. Pankaj Kumar
09:30 am - 10:00 am	<b>Keynote Address:</b> Effective suicide prevention -What works & what doesn't (Role of Psychiatrist)	Dr. Lakshmi Vijayakumar	Dr. Asish Saboo Dr. Mahesh Gowda Dr. Asim Kumar Mallick
10:00 am - 10:30 am	<b>CME Inauguration</b>		
10:30 am - 11:00 am	Tea Break		
11:00 am - 12:00 pm	<b>Symposium:</b> Decoding Despair: Risk Assessment of Suicidal Behaviour		
	Mental Illness and suicide risk	Dr. Anish Cherian	Dr. Laxmikant Rathi Dr. Gautam Saha Dr. Tanmaini Das
	Methods of risk assessment	Dr. Vikas Menon	
	Public health approach in risk assessment- Ethical and moral dimensions	Dr. Sujit Naik	
12:00 pm - 01:00 pm	<b>Symposium:</b> Understanding and Responding to Suicide: Emergency Care, Legal Duties, Media Ethics, and Psychological Autopsy	Dr. Shyamantha Das Dr. Ranjan Bhattacharyya	Dr. Manaswi Gautam Dr. Vishal Akula Dr. Tirthankar Dasgupta
01:00 pm - 02:00 pm	Lunch Break		
01:00 pm - 01:40 pm	<b>Satellite Session:</b> Impulse, Intoxication and Identity : Can Endoxifen Redefine Psychiatry's Approach to Dyscontrol?	<b>Speaker</b> Dr. Sandeep Vohra  <b>Panel</b> Dr. Gautam Saha Dr. Abir Mukherjee Dr. Indranil Saha  <b>Moderator</b> Dr. Sanjay Garg	Dr. Om Prakash Singh Dr. Vinay Kumar

**Scientific Program**
**Saturday, 30<sup>th</sup> August 2025**

Time	Event	Participants	Chairperson
02:00 pm - 02:30 pm	<b>Invited Session:</b> Struggles to Support: Addressing Student Suicide	Dr. S.K. Chaturvedi	Dr. Amar Shinde Dr. K.K. Mishra Dr. Uday kumar
02:30 pm - 03:30 pm	<b>Symposium:</b> The Neuropsychiatric Landscape of Suicide		
	Biology	Dr. Sudhir Bhawe	Dr. Arabinda Brahma Dr. Heena Merchant Dr. Nishant Goyal
	Medications	Dr. Sujita Kumar Kar	
	Neuromodulation	Dr. Sreeraj V.S.	
03:30 pm - 04:30 pm	<b>Case Blitz</b>	Dr. Manu Arora Dr. Manushree Gupta Dr. Aninda Sidhana <b>Moderator</b> Dr. Abir Mukherjee	Dr. Dipayan Sarkar Dr. Rama Subba Reddy Dr. Sandeep Goyal
04:30 pm - 05:00 pm	<b>Satellite Session Debate:</b> Conventional psychotropics should be the drugs of choice for management of insomnia	<b>For the Motion</b> Dr. Nikhiles Mandal Dr. Dipayan Sarkar <b>Against the Motion</b> Dr. Soumya Chatterjee Dr. Subrata Naskar <b>Moderator</b> Dr. Abir Mukherjee	Dr. Srikumar Mukherjee
05:30 pm - 06:30 pm	<b>Meet the Leaders in Psychiatry</b>	<b>Moderator:</b> Dr. V. K. Aravind	Dr. Porandla Kishan Dr. Yusuf Matcheswalla Dr. Deepak Kumar
07:30 pm onwards	<b>Live Band and Galal Dinner</b>		

**Scientific Program**
**Saturday, 30<sup>th</sup> August 2025**

Time	Event	Participants	Chairperson
01:00 pm - 02:00 pm	<b>Posters</b> (EP - 01 to EP - 12)		Dr. Indrani Chatterji Dr. Tindivanam Sudhir Dr. Santosh Kumar
04:30 pm - 05:30 pm	<b>Free Papers</b> (FP- 01 to FP-8)		Dr. Swosti Sobhan Chaudhuri Dr. Ashwani Kumar Dr. Nirmal Kumar Bera

**Scientific Program**
**Sunday, 31<sup>st</sup> August 2025**

Time	Event	Presenter/s	Chairperson
08:00 am - 09:30 am	<b>Workshop:</b> Holding the Line: Crisis Intervention	Dr. Pratap Sharan Dr. Koushik Sinha Deb Dr. Swati Kedia  <b>Coordinator</b> Dr. Naresh Nebhinani	Dr. Vipul Singh Dr. Parag Shah Dr. Anoop Vincent
09:30 am - 10:30 am	<b>Symposium:</b> Targeted Interventions for Suicide Prevention in Special Populations		
	Adolescents & Women	Dr. Neelanjana Paul	Dr. Gangaram Kamati Dr. Prasenjit Ray Dr. Rajiv Kumar Saini
	Elderly	Dr. Vidya KL	
	Military & Farmers Suicide	Dr. Prerna Kukreti	
10:30 am - 11:30 am	<b>Debate:</b> Assisted suicide is a plausible option in palliative care	<b>For the Motion</b> Dr. Abha Bang Soni Dr. Subrata Naskar  <b>Against the Motion</b> Dr. Niska Sinha Dr. Sukanto Sarkar  <b>Moderator</b> Dr. Jitender Aneja	Dr. Debjani Bandyopadhyay Dr. Umesh Nagapurkar Dr. Nabakumar Maiti
11:30 am - 12:00 am	<b>Invited Lecture:</b> Building Resilience in Vulnerable Groups for Suicide Prevention	Dr. Nimesh G. Desai	Dr. Prabir Paul Dr. Rupinder Kapur Dr. V. George Reddy
12:00 pm - 01:00 pm	<b>Panel Discussion:</b> Preventive Strategies to Tangible Actions: A way forward for Indian Psychiatric Society Barriers and Facilitators (Role of IPS)  (Shall include postvention, helpline/policy making / research, roadmap)	Dr. Savita Malhotra Dr. Amrit Patojoshi Dr. Om Prakash Singh Dr. Sujit Sarkhel Dr. Laxmi Naresh Vadlamani  <b>Moderator</b> Dr. Sai Krishna Tikka	
01:00 pm - 02:00 pm	<b>PG QUIZ</b>	<b>Quiz Master</b> Dr. Chayan Kanti Manna Dr. Kanika Das	Dr. Nupur Niharika
02:00 pm - 02:30 pm	<b>Valedictory</b>		
02:30 pm - 03:30 pm	Lunch		

## Scientific Program

Sunday, 31<sup>st</sup> August 2025

Time	Event	Presenter/s	Chairperson
08:00 am - 08:45 am	<b>Free paper</b> (FP- 09 to FP- 13)		Dr. Deepak Raheja Dr. Nilanjan Chandra Dr. Sridhar Dandapally
08:45am - 09:30am	<b>Symposium:</b> Adolescents and Impulsivity: Clinical Perspectives, Risks, and Interventions		
	Neurobiology and Developmental Basis of Impulsivity in Adolescents	Dr. Arindam Dutta	Dr. Arnab Banerjee Dr. Ruma Bhattacharya Dr. K. Ramakrishnan
	Clinical Manifestations and Psychiatric Disorders with Impulsivity	Dr. Sumanta Dawn	
	Impulsivity-Related Risk Behaviors and Social Consequences	Dr. Arunima Ghosh	
	Management Strategies: Psychotherapeutic, Pharmacological, and Family Interventions	Dr. Kamalika Mandal	
01:00 pm - 02:00 pm	<b>Poster</b> (EP - 13 to EP - 20)		Dr. Darpan Kaur Dr. Saabrin Sanjeev Ross Dr. Kumar Gaurav

## Guidelines for Free Papers & E-Posters

### Free papers

1. Presentation time: **6 minutes + 2 minutes** discussion (total 8 minutes).
2. Maximum **5 slides**, in **PPT (16:9, landscape)** format.
3. No animations, movies, or sounds (static PPT only).
4. Presenting author must be registered with IPS & MIDCIPS 2025 and report on time.

### E-Posters

1. Presentation time: **3 minutes + 2 minutes discussion** (total 5 minutes)
2. Maximum **3 slides**, in **PPT (16:9, landscape)** format.
3. No animations, movies, or sounds (static PPT only).
4. Presenting author must be registered with IPS & MIDCIPS 2025 and report on time.

**General Note:** All photographs, tables, and graphs should be clear and legible. Please adhere strictly to the time limits.

## Poster

Sr. No.	Name	Abstract Title
EP 01	Amita Thakur	Neuroacanthocytosis masquerading as psychiatric illness
EP 02	Anindita Giri	A comparative study of serum Brain Derived Neurotrophic Factor (BDNF) levels in drug naive and treated patients of Generalized Anxiety Disorder.
EP 03	Ashima Gupta	Withdrawal psychosis following Internet Gaming Disorder
EP 04	Mohd Rashid Alam	Autoerotic Asphyxiation with Methamphetamine Use in a Survivor of Childhood Sexual Abuse: A Case Report
EP 05	Paramita Bhowmick	A comparative study on serum nitric oxide level in drug naive and treated patients of obsessive-compulsive disorder
EP 06	Rimjim Sarma	Hyper IgE Syndrome with Depressive and Dissociative Features in a Trauma-Exposed Female: A Psychoneuroimmunological Case Report
EP 07	Sahil Jamal	Case Report: Management of Alcohol Dependence with Comorbid Antisocial Personality Disorder in a Young Adult from a Rural Background
EP 08	Seemant Malhotra	False Pregnancy in Tandem: A Case Report of Pseudocyesis with Folie À Deux
EP 09	Seemant Malhotra	The SILENT Syndrome: Diagnostic and Therapeutic Dilemmas in a Case of Lithium-Induced Neurotoxicity
EP 10	Shradha Khatri	"The Chemistry of Hope: Ketamine as a Turning Point in a Self-Harm Crisis"
EP 11	Shubhankar Tiwary	Bupropion-Induced Delirium: A Case Report
EP 12	Srishti Shaw	Secondary Obsessive-Compulsive Disorder Following Vision Loss Due to Traumatic Optic Neuropathy in a Young Female: A Rare Case Report
EP 13	Susmita Das	A comparative study of serum brain derived neurotrophic factor (bdnf) levels in drug naive and treated patients of major depressive disorder
EP 14	Swati Sudha	Dopamine Agonist Withdrawal Syndrome leading to Suicidality: A Case Report
EP 15	Ankit Halder	A study to assess Anxiety and Depression among Central Industrial Security Force (CISF) workers
EP 16	Madhurima Chakraborty	When the Cure Backfires: A Rare Case of Disulfiram-Induced Suicidal Depression after Covert Administration
EP 17	Kalyani Patil	A Case of Focal Epilepsy Presenting with Subjective Religious Experiences
EP 18	Madhurima Chakraborty	Sedated but Sleepless: Unmasking OSA in the Shadow of Sobriety
EP 19	Saurav Sinha	Gender Dysphoria Symptoms in Schizophrenia
EP 20	Bodhisattwa Mahapatra	Multiple Sclerosis Presenting as Catatonia-case Report

## Free Paper

Sr. No.	Name	Abstract Title
FP 01	Alok Kumar Verma	A comparative study of serum Brain Derived Neurotrophic Factor(BDNF) levels in Drug Naive and treated patients of Brief Psychotic Disorder
FP 02	Arnab Biswas	Burden Amongst Caregivers in Patients of ASD and ADHD : A comparative Study
FP 03	Arun Kumar V	A Prospective study on Influence of clinical determinants on the duration of untreated psychosis in drug negative schizophrenic patients
FP 04	Jesu Balan	A Study on Online Shopping Addiction and its association with psychological factors among medical students in Sikkim
FP 05	Jishnu Bhattacharya	Impact of Climate Change on Psychiatric Illnesses: Anxiety, PTSD, and Depression
FP 06	Pranav Khanderao Pathak	Effects of psychoeducational interventions on knowledge, attitude, practices of caregivers of schizophrenia- a mixed study's
FP 07	Ramkumar G S	Improving assessment and intervention in self-harming patients: a clinical audit of consultation-liaison referrals in a tertiary Govt. hospital in Kerala.
FP 08	Samant Singh	Refractory Wernicke's encephalopathy in the Absence of Magnesium Deficiency: A Case Series for Broader Nutritional and Genetic Considerations
FP 9	Sangha Mitra Godi	Assessment of Knowledge, Attitudes and Self-efficacy about Suicide and Suicide prevention among School Teachers in Andhra Pradesh: A cross-sectional study
FP 10	Seemant Malhotra	Prevalence and Correlates of Behavioural Addictions Among Medical Students: A Cross-Sectional Study
FP 11	Sumeesha Jaswal	Telepsychiatry in Practice: Perspectives of Patients and Caregivers from an Observational Study
FP 12	Roopika Jandial	Doctors, Post-graduates, and Suicide :What Do They know, how do they feel
FP 13	Ritul Sinha	Mental Health Literacy and stigma among health care workers in India: A multicentric cross sectional observational study
FP 14	Bishant Naorem	The Price of Purity: Orthorexia Nervosa at the Crossroads of Fitness and Food Fixation

## Important Contacts

### Organizing Chairpersons



**Dr. Sanjiba Dutta**

Email : [sanjibadutta@rediffmail.com](mailto:sanjibadutta@rediffmail.com)  
Mobile : +91 94347 42122



**Dr. Om Prakash Singh**

Email : [opsingh.nm@gmail.com](mailto:opsingh.nm@gmail.com)  
Mobile : +91 94340 13231 / +91 98363 88865

### Organizing Secretaries



**Dr. Sayandip Ghosh**

Email : [g.sayandip@gmail.com](mailto:g.sayandip@gmail.com)  
Mobile : +91 98302 75859



**Dr. Neelanjana Paul**

Email : [neelanjana.paul@gmail.com](mailto:neelanjana.paul@gmail.com)  
Mobile : +91 9433831692

### Treasurer



**Dr. Sanjay Garg**

Email : [sgarg243@yahoo.co.in](mailto:sgarg243@yahoo.co.in)  
Mobile : +91 89615 61392

### Secretariat

[secretariat@midcips2025.com](mailto:secretariat@midcips2025.com)

### Scientific

[scientific@midcips2025.com](mailto:scientific@midcips2025.com)  
+91 73044 72387

### Registration

[registrations@midcips2025.com](mailto:registrations@midcips2025.com)  
+91 73044 72386

### Accommodation Assistance

[accommodation@midcips2025.com](mailto:accommodation@midcips2025.com)  
+91 7977200700